



The Conejo Connection

A Quarterly Publication of the Conejo Valley Mental Health Professional's Organization

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From the Editor

Cynthia Horacek, M.F.T.

Can you believe it's Fall already? Wherever you are, I hope the fires have not had a detrimental effect on you and yours and that you are safe and well. We've all suffered from the smoke and let's hope we have a mild winter so that landslides don't become another problem later.

In the meantime, I want to welcome you to our third issue of the newsletter, The Conejo Connection and thank all of our contributors who make the continued success of this fledging enterprise possible. Remember that advertising space is available, both classified and display. Classified is 30 words for \$10.00 with each additional word at \$.50 and display ads are available for 1/6 page for \$25. So, if you have an internship, want an internship, office space available, are looking for office space, a vacation home to rent, a teenager to lease out, anything at all..... We'll print it and if you have an article you'd like to submit, we'll consider those, too! Just contact me, Cynthia Horacek, by email at crhorac@pactbell.net or call me at (818) 706-1055. I'd love to hear from you!



President's Message

Howard Levitt, M.F.T.

Happy holiday season to all. Yes I know it was just summer and this year is racing by. Your board of the Conejo Valley Mental Health Professionals Association is working hard to provide you with a wonderful series of programs in 2004. We are planning a seven hour course on domestic violence to be given by Michele Harway ,PhD on February 21st at the east campus of Los Robles Hospital. In addition we are going to be presenting one hour workshops on the following topics; anxiety disorders, attention deficit issues, and an overview of psycho pharmacology.

As you know our adult volunteer organization has accomplished a lot in the past three years. The three goals of the organization are: to provide professional development, practice development, and community awareness of mental health issues. I have found from personal experience that the more time and energy I have invested the greater return to me on a personal and professional level. If you're interested in networking with your colleagues I invite you to become more involved with the Conejo Valley Mental Health Professionals Association. If you would like more information please feel free to call me at (805) 495 - 0375.

Howard Levitt M.A. MFT

NEWS YOU CAN USE!

Cynthia Horacek, M.F.T.

Some of us seem to be confused about the CEU requirement for Domestic Violence and Aging and Long Term Care. Well, here it is:



For MFT's and LCSW's, the requirements are as follows:

If you are renewing after January 1, 2004, the Domestic Violence requirement is at the discretion of the provider. This means it can be any length. But, if you are renewing after January 1, 2005, it must be 7 hours. So, even if you take the course before 2005, but you renew after 1/1/2005, have the 7 hours to be sure you are covered.

For Aging and Long Term Care, any person renewing after January 1, 2004, the requirement is 3 hours.

The board will accept prior teaching or training experience taken prior to 2004, but you must have documentation of this in your files just in case you are audited.

As you know, for more information, always check with the board by going to their web site at www.bbs.ca.gov.

SAVE THE DATE!

On Saturday, February 21, from 9:00 a.m. to 5:00 p.m. (with a lunch break) CVMHPA is proud to sponsor a *workshop on domestic featuring Michele Harway* as the presenter. The workshop will meet both BBS and BOP (MCEP) requirements for domestic violence training for license-renewal and will provide 7 CE units.

Cost is \$79 of CVMHPA member and \$99 for non members. The workshop will be held at the Los Robles Hospital East Campus in Westlake Village off of Lakeview Canyon Road. Look for a flyer and registration materials in early January.

Michele Harway has been doing domestic violence training locally and on a national level for many years. She has also written 3 books and numerous other publications. She is very knowledgeable on this topic and is passionate about the subject. She promises a day packed with information in which participants will consider the reasons that mental health professional must be knowledgeable about domestic violence, even if they do not specialize in working with this population. Participants will consider, in detail, how to assess for the existence of domestic violence and will talk about intervention approaches, community resources and legal and ethical issues. She will use videos as adjunctive instructional material.

If you are renewing your license in 2004 or later (which you are sure to be doing!) you are required to take a domestic violence course. If you are a BBS license holder, the Board has recently amended the requirements to 7 hours of domestic violence training for those renewing in 2005. If you are a psychologist, the BOP has left it up to the provider to determine the required number of hours. We are offering a 7 hour training to cover everyone's needs. This is a one-time CE requirement. Feel free to call Michele Harway with questions at (805) 962-8179 x320.

SAVE THESE DATES!

The following *General Meeting* dates are tentative and subject to change:

January 23, 2004	September 17, 2004
March, 19, 2004	November 19, 2004
June 18, 2004	

CLASSIFIED ADS

Office space/ 3 suites available. Agoura Hills. Close to freeway, ample parking. Claude Ruffalo, Ph.D. (310) 455-1586

EMDR Level II trained therapist would like to meet on regular basis with other EMDR therapist to practice techniques and share information. Cynthia Horacek, M.F.T. (818) 706-1055

